



Wild Woman Tribe

Hello Wild Soul!

It is my honor to share this Sacred Space for the New Moon with you. This phase of the Moon has a void or empty quality...it's a space between...where we let go of the past and usher in the new. Every four weeks we are gifted a symbolic portal for new beginnings. This is a sacred time where we journey within.

New Moon Energy

During this time we are given a blank canvas, if you will, infused with this powerful New Moon energy; to paint our dreams onto, to set intentions for the desires we want to manifest into our lives. How we go about connecting to this energy can be as simple as creating sacred space on our own, by lighting a candle and journeying within or as elaborate as creating sacred space in community with other women. How ever you choose to connect, the most important part to remember is that you honor this space in time and commit to your vision by becoming quite, going within and allowing yourself to become open to receiving any guidance, healing and support from Spirit.

What you will need for your journey...

- ~A quite place where you will not be disturbed for at least an hour.
- ~A candle and matches, stones or other New Moon energy correspondences that speak to you
- ~A journal and something to write with maybe even some art supplies so you can engage in deep play.

Once you are ready to begin...

- ~Choose a time that moves you, moon energy can be accessed the day before, day of and day after a phase
- ~Read the description for the theme of the month
- ~Listen to the Creative Visualization and Journal your discoveries
- ~Close our journey with a Creative Ritual